NAIL Surgery Post - Operative Instructions

General Information
Stay off your feet as much as possible today. You may wear any shoe, sandal or open toe footwear that does not squeeze or constrict your toe. Your toe may remain numb for up to 6-10 hours after the procedure.

Bleeding
Slight bleeding, discoloration and/or drainage are normal.

Discomfort
You can elevate your foot to help alleviate minor swelling, bleeding and discomfort. You may also take Aspirin, Tylenol or other over-the-counter pain relievers as directed on the package. If pain is not controlled to your comfort, please contact our office.

Removing the surgical bandage/dressing
The day after the surgery, carefully remove the dressing and shower/bathe as normal. If the gauze or dressing sticks to the surgical area, dampen it with water or shower/bathe with the dressing in place. This will make the dressing easier to remove with minimal discomfort. Blot dry with a clean cloth.

Band-aid and anti-biotic ointment should be changed twice daily until your follow up appointment with the doctor.

AMERIGEL INSTRUCTIONS
Remove the dressing the day after your procedure and shower/bathe as normal – Blot dry with a clean cloth
Apply Amerigel Wound Dressing ointment and cover with a band-aid wrapped around the toe like a ring
Change bandaid and Amerigel twice daily until follow up appointment with doctor

POST OP INSTRUCTIONS
Remove the dressing the day after your procedure and shower/bathe as normal – Blot dry with a clean cloth
SOAK the foot twice a day in warm soapy water or use a mixture of 1 quart warm water with ¼ cup Epsom salts
After soaking, apply antibiotic ointment and bandaid until follow up appointment with doctor

If you have questions or concerns, please contact our office
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