



Ashland / Mansfield Foot and Ankle Specialists

Dr. Larry J. Zimmerman*

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*Diplomates of The American Board of Podiatric Surgery**

POST OPERATIVE INSTRUCTIONS:

NAIL SURGERY

1. Some bleeding through the bandage is normal.
2. For any discomfort, take 1 or 2 Tylenol or Aspirin every 4 hours as needed for pain.
3. Limit activity the day of surgery.
4. Remove the bandage the morning after surgery.
5. Soak the foot twice a day in 1 quart of warm water mixed with 2 packets of Pedi-Boro soaks for a week. The 2nd week soak it once a day with two packets of Pedi-Boro soaks per quart of warm water.
6. Apply Bacitracin cream after soaks.
7. Keep the toe covered with a dry sterile gauze bandage or band aid's.
8. If any questions or problems arise, do not hesitate to call us at (419)-756-1961 (Mansfield), or (419)-281-3668 (Ashland).